I Pledge Not to Bully

No one likes a BULLY!!! BULLIES make others feel bad and hurt their feelings. I want my friends, schoolmates, and me to be happy and feel safe at school. I must do my part to Stop School Bullying.

To Do This, I Promise That:

1. I will not shame, scare, threaten, or Bully any student at school.
2. I will not just watch someone being bullied and not try to help. If I cannot stop the bully myself, I will talk to and comfort the person being bullied. I will always try to help the person being bullied.
3. I will try to get my friends to sign this Pledge Not to Bully and to help others who are being bullied.
4. I will try to be a friend to students who don’t seem to have friends and spend a lot of time by themselves. They get bullied the most.

Signed ______________________    Date ______________________

www.icnacsj.org/StopBullying